

## NOTICE AND CONSENT – HUMAN SEXUALITY FORM

Dear Parent/Guardian,

As part of the Alberta Physical Education and Wellness (Grades 4-6), Health and Life Skills (Grades 7-9), and CALM 20 curriculum, students learn outcomes related to growth & development and human sexuality.

In East Central Catholic Schools, all outcomes are presented in the context of our Catholic faith and rooted in the belief that each person is a child of God.

In Catholic Schools, all outcomes are presented in the context of our Catholic faith. Growth and Development lessons have been created and endorsed for use in Catholic classrooms by the Alberta Catholic Education Resource Advisory Committee with representation from the Catholic Bishops of Alberta, Alberta Catholic School Trustees Association (ACSTA) and the Council of Catholic School Superintendents of Alberta (CCSSA).

In **Grade 5**, the student, as a child of God, will:

- Describe how physical changes during puberty affect reproduction.
- Identify and describe the components of the human reproductive system.
- Discuss how knowledge and awareness of human reproduction supports our well-being.
- Describe the processes of menstruation, sperm production, ovulation, fertilization, and implantation.
- Identify positive health practices during puberty, including physical activity, nutrition, and stress reduction.

Please be advised that human sexuality instruction is tentatively scheduled to be taught in the month(s) of \_\_\_\_\_.

Please contact me if you have any questions.

Thank you,  
(Teacher(s) Name)

Please fill out this form, sign it, and return it to the school by: \_\_\_\_\_

**My child's name is:** \_\_\_\_\_

*According to section 58.1(1) of the Education Act, you, as a parent/guardian, are the primary educators of your children and therefore parental **opt-in consent** is now required for your child to receive this instruction. It is possible to exempt your child from this instruction without academic penalty. If consent is not provided, your child will be offered a **supervised alternative learning** activity during the scheduled instruction time.*

- I consent to my child's full participation in all sessions involving the identified instruction.
- I do not consent to my child's participation in any portion of the instruction related to the identified topics.

**\*Please note that you are welcome to withdraw your consent at any time.**

*By signing this form, you acknowledge that you have received adequate notice of the content and purpose of the instruction, and that you are choosing whether or not your child may participate.*

\_\_\_\_\_  
Parent Signature